

### EQ Leader

*Orientation to EQ.* Learn the case for EQ, practical skills to put in action, and apply them to a leadership challenge.

### The Heart of Learning

*Orientation to Social-Emotional Learning* Learn how to use EQ to improve school success.

### EQ Leader Cert

*Practical Train-the-Trainer.* Use the 1-day EQ Leader program + optional SEI User Certification.

### SEI Virtual

*Practice-based distance learning.* Qualify to use the SEI assessment to measure & develop core skills.

### Custom Programs

*Meet organizational needs with emotional intelligence.* in-house programs to improve professional, team, and organizational performance.

*Trainer Pathway*

*Educator Pathway*

*Change Leader Pathway*

### EQ Certification

*Transformational experience with Six Seconds Model and methodology.* Access key tools to develop own and others' EQ; deep understanding of model.

*Post-Cert Coaching and Practicum*

### EQ Educator

*Practical training to effectively facilitate social-emotional learning and integrate the tools into the classroom.*

*Optional Implementation Coaching*

### Inside Change

*Blended learning program to apply the Change MAP to effectively manage the people-side of leadership.*

*Includes Coaching and Practicum*

### Advanced EQ Trainer

*Practice-based experiential learning.* Prepare to deliver using Six Seconds' learning methodology.

*Post-Cert Coaching and Practicum*

### EQ Certification

*Transformational experience with Six Seconds Model and methodology.* Access key tools to develop own and others' EQ.

*Post-Cert Coaching and Practicum*

### Inside Change Certification

*Blended consultant development program.* Prepare to bring others through the Change MAP process.

*Post-Cert Coaching and Practicum*

### Advanced Assessment

*Virtual training programs to utilize the SEI 360, SEI Youth, Organizational Vital Signs, and other tools.*

*Post-training Practicum*

### EQ School

*Blended learning to improve the learning environment by measuring and enhancing school climate.*

*Post-training Practicum*

### EQ Certification

*Transformational experience with Six Seconds Model and methodology.* Access key tools to develop own and others' EQ.

*Post-Cert Coaching and Practicum*

### Advanced Practitioner

*In-depth Master Class process for focused learning.* Expertise with key tools plus support to build practice.

### EQ Trainer

*Practice-based experiential learning.* Prepare to deliver using Six Seconds' learning methodology.

*Post-Cert Coaching and Practicum*

### Change Leader

*In-depth coaching/training process.* Mastery of EQ Change tools; integrate EQ with strategic skills and apply to organizational and community change.

### Master Trainer

*On-the-job training and coaching.* Prepare to lead certifications.

### Advanced Practitioner

*In-depth Master Class process for focused learning.* Expertise with key tools plus support to build practice.

Schedule of upcoming public courses:  
[www.6seconds.org/training](http://www.6seconds.org/training)

For in-house programs contact us:  
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