

Six Seconds' Emotional Intelligence Assessment for Youth (SEI-YV)

NOTES TO TEACHER / PRACTITIONER

Please read before administering the SEI-YV

1. This assessment is designed for use with age groups 7/8 to 18, either individually, or in group format. We highly recommend that teachers do the assessment and self-score it to gain first-hand experience, before administering this to children.
2. The SEI-YV is printed on pages 1-3 and will take about 30 minutes to complete. The self-scoring section (on the back of pages 1-3) will take additional time (another 30-40 minutes for students) and can be done in a second session if necessary or preferred.
3. Two dates are required at the top of page 1. To avoid any confusion, you may wish to fill in the assessment date BEFORE distributing the SEI-YV, leaving the student to fill in the birth date only.
4. Depending on the age or reading ability of the students, you may read the statements aloud to the group – either all of the statements, or only the first few until you're satisfied that the group can proceed on their own.
5. You may answer students' questions in order to clarify the exact meaning of a word, but be extra careful not to influence their response to that statement.
6. Each student should have a book to read or quiet activity to do when they have completed page 3. This will allow students who work at a slower pace the time to complete their survey.
7. The self-scoring section on the back pages of the survey should be started when ALL students have finished the survey.

OPTIONAL: Since this is a research version of the SEI-YV, it would be helpful if students put a question mark (?) beside the number of any statement(s) they find difficult or confusing. This may be appropriate for older students. DO NOT REQUEST THIS if you believe it will cause any confusion.

8. The SEI-YV offers several application possibilities for integrated teaching in classroom format. For example, the teacher can use this as a practical exercise of multiple choice evaluation, addition and multiplication when tallying scores, graphing variations, and writing about themselves. Teachers can use the results to prepare what learning styles best suit the children, and share the results with parents if desired. The opportunities are as wide as the teacher's creativity!

INSTRUCTIONS FOR ADMINISTERING THE SEI-YV

1. Make sure each SEI-YV copy contains three pages, printed front-to-back. Each survey page will have its matching self-scoring page on the back. The pages should turn like a book; and upside-down flipping of pages indicates incorrect printing. Pages that are printed skew may pose challenges during self-scoring.
2. Hand out one SEI-YV copy to each student. Let each child check that they have received three pages.
3. The objective of completing this survey is for youth to learn more about themselves and how they relate to others. This is unique for every person. Inform the students that their answers will remain confidential.
4. When working with a group, have students PRINT their information in the top section of page one. Ask students to wait for all to complete this section and await your further instruction.
5. Read the directions in the grey box aloud together to ensure understanding. Emphasize that there are NO RIGHT answers and that students should NOT OVER-ANALYZE their responses. Students should not ponder on a statement; their first impression is the best.
6. Review the FIVE-POINT SCALE, where the student chooses one of the answers from 1 (ALMOST NEVER) through 5 (ALMOST ALWAYS). This scale is used for every statement in the survey. Ask if everyone is clear on how to use the response scale.
7. Allow time for the students to do the EXAMPLE STATEMENTS and ask for assistance if necessary, or if preferred, do them together.
8. Instruct students to work at their own pace until they reach the bottom of page 3 and STOP there. Remind students to do silent reading or another quiet activity after they have completed page 5, and until they are given the next instruction.
9. There is no time limit to the survey, but you may guide them by saying after about 15 minutes “You should be near the end of page 2”.
10. Once all students have completed their survey, ask them go through every page and check that they have not missed any statements, or gave two responses. Where this has happened, ask them to complete/correct.

You are now ready to start the self-scoring. Follow Steps 1-7 on the backs of pages 1-3 of the survey.

In exchange for this unlimited free use of this survey and self-scoring, we kindly ask that you capture the students' scores in a handy spreadsheet that we provide and send it to seiyv@6seconds.org. This will help us with continued research to ensure that you are using the best youth EQ tool available in the market today. Thank you.