



Outstanding professional development helps educators improve the educational climate, enhance learning, and develop emotional intelligence skills.

- Safe & Respectful Culture for Learning
- Classroom Practices to Enhance Performance
- Social-Emotional Skills for Success



Professional Development Training with Emotional Intelligence



Culture

The Climate for Success

Assess the culture, then develop shared vision, shared responsibility, and trust required to make positive change.

Pathway to An EQ School

Make the case for social-emotional learning and plan the implementation.

Hear Hear: Communication that Works

Create communication agreements to foster dialogue and ensure that parents, teachers, & staff are on the same team.



Classroom

Empathy + Accountability

Apply classroom management strategies that build collaboration and intrinsic motivation.

EQ for IQ

Engage students on a deeper level by asking powerful questions and applying hot cognition strategies.

The Heart of Teaching

Renew, revitalize, and refocus your commitment to learning and teaching.



Student

Facilitating EQ

Access a proven curriculum and learn the Self-Science Process for social-emotional learning.

Mountains to Molehills

Develop key skills for optimism, resilience, and perseverance.

SEI-YV Certification

Acquire proven tools to measure, develop, and sustain emotional intelligence.

Professional Development Training to Write Home About :: Research based | Hands-on | Practical | Inspiring

Six Seconds offers over 20 professional development modules plus unlimited custom training on all aspects of SEL including train-the-trainer certification for all our programs and tools.

It helped me clarify and consolidate my values and commitment to healthy emotional well being -- to blending emotional and cognitive intelligence.

- Susan Charles, Principal, Ohlone School PAUSD

An excellent course. It helped me in many different ways, at a personal and professional level. This was inspiring. I would recommend it.

- Helen McVeigh, Chief Inspector of Schools (Cayman Islands)

There are many EQ training programs but Six Seconds and its phenomenal trainers are the real thing. You will be personally and professionally transformed.

- Kathleen Ruby, PhD., Director of Wellness and Leadership Development WSU College of Veterinary Medicine

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